



Bear River High School Ghidotti Early College High School Nevada Union High School North Point Academy Silver Springs High School

COVID-19 Student Health and Safety Plan 2022 – 2023 School Year

August 12, 2022

Updated: October 8, 2022

This guidance includes recommendations for students and mandatory requirements for staff. This guidance is intended to support safe, in-person learning in District schools and mitigate the spread of COVID-19. Disease management strategies in District schools are guided by the principle that safe, in-person learning is critical to student well-being and development. It is subject to change, as COVID-19 conditions can shift rapidly and our response in schools must remain nimble and responsive to dynamic challenges. The guidance is effective July 1, 2022, unless otherwise stated, and will continue to be reviewed regularly by the California Department of Public Health (CDPH).

Face Coverings:

1. No person can be prevented from wearing a mask as a condition of participation in an activity or entry into a school, unless wearing a mask would pose a safety hazard (e.g., watersports).
2. Each school will have face masks available for staff and student use as requested.
3. Unless otherwise directed by local health departments or local educational agencies, students and staff should follow CDPH masking guidance for the general public, as well as masking guidance for specific situations referenced below (e.g., when having symptoms, being infected, or exposed).

Testing:

1. Testing remains a key mitigation layer to detect and curb transmission of COVID-19. Schools are encouraged to ensure access to COVID-19 testing for students and staff, particularly for vulnerable communities. Schools should review support and resources offered by the California COVID-19 Testing Task Force, as well as those available through healthcare insurers, local, and federal sources.
2. Due to the increased travel and social interactions that often occur during school breaks, it is recommended that students and staff get tested for COVID-19 prior to returning to school following major breaks (e.g., summer, winter, spring).

Managing Students with Symptoms:

Recommended Action:

1. In most situations, any student who develops new, unexplained symptoms should not return to campus until it is clear that symptoms are mild and improving or are due to a non-infectious cause (e.g., allergies). This includes being fever-free for 24 hours without medication.
2. Additionally, if symptoms are concerning for COVID-19, it is strongly recommended that students wear a mask and get tested immediately. Students should also follow CDPH recommendations for retesting and/or isolating if the results are positive.

Managing Students Diagnosed with COVID-19:

Students diagnosed with COVID-19 should do the following:

- Stay home for at least 5 days after the start of symptoms (or after the date of the first positive test if no symptoms).
- Per CDPH masking guidance, those diagnosed should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information).
- If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end on day 11 if fever-free for 24 hours without the use of fever-reducing medications.
- If fever is present, isolation should be continued until 24 hours after fever resolves.
- If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until day 11.

Managing Students Exposed to COVID-19:

All students with known exposure to persons with COVID-19 should do the following:

- Test within 3-5 days after the last exposure.
- Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information).
- If symptoms develop, test and stay home.

For the District's full plan visit the NJUHSD website under the [COVID information tab](#).